



ונשמרתם מאד לנפשותיכם

# Congratulations to Yeshiva Darchei Noam

on becoming a **Community Wellness Leader** by participating in the  
**Monsey Community Coalition for Health and Wellness's**  
**Yeshiva Wellness Initiative**

**Yeshiva Wellness Initiative Benefits Can Include:**

- ✓ Youth and families learning healthy habits for life
- ✓ Reduced lifestyle-related illness (e.g., obesity, diabetes, heart disease)
- ✓ Better classroom management and reduced behavioral problems
- ✓ Improved student academic performance

The MCCHW Yeshiva Wellness Initiative partners with local yeshivas (at no cost) to develop and implement school-based policy, systems, and environmental changes which promote greater health through better nutrition, increased physical activity, outreach, staff training, improved personal safety, and social services.

The initiative is a project of CAPS-Bikur Cholim in partnership with the Rockland County Department of Health.

**To learn more about having your school join, contact**

**Dr. Rivka Starck**

**mcchw@capsdcs.org, 845-425-5252 x311**

**MONSEY COMMUNITY COALITION FOR HEALTH & WELLNESS**  
*Keeping Our Community Healthy, Active, and Well – Today and Tomorrow*

**Special Lunch for Schools**  
**99¢ ONLY**

<b>ברית \$11</b> Per Portion	<b>וואך-נאכט \$180</b> 200 Kugel, 100 Slices Fish
<b>בר מצוה \$1,595</b> 35 Couples, Hall & Waiter Incd.	<b>שבע ברכות \$680</b> 20 Couples
<b>שבתים \$1,395</b> 25 Couples	<b>תנאים \$680</b> 200 Guests

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