



Healthy Communities Projects

Ingham County Health Department and Community Partners

Overview and Milestones

Overview

- **2005-06**

Moving Our Community Towards Health Lansing coalition was initiated out of the Land Use and Health Resource Team with funding from the Michigan Department of Community Health. It was important to link community voices neighborhood partners to the Mid-Michigan Environmental Action Council to start addressing land use and environmental issues affecting Lansing.

- **2007-2008**

Community Assessments and Engagements in Lansing and throughout the region. Initiated the Walk Bike Lansing Task Force to address non-motorized issues and start working on a Complete Streets Ordinance. Neighborhood level initiation of corner store initiative in NW Lansing QD store, East side Hunter Park safety improvements, and school based gardens.

- **2009-11**

Four interest areas resulted out of the Community Engagements: 1) Air quality 2) Water safety and availability 3) Non Motorized Transportation 4) Food Safety and Access .

In 2011 the Land Use and Health Resource Team led a coalition and 3-year action plan evidence and data driven initiative.

Physical Activity Milestones

Policy Changes:

Complete Streets

- 2009 City of Lansing
- 2011 City of East Lansing
- 2011 Lansing Charter Township

Bike Parking

- 2010 Meridian Charter Township
- 2011 City of Lansing

Other policies

- Health Impact Assessment Checklist
- 2010 Greening Mid Michigan map and online tool kit

Environmental Changes:

- Hunter Park 6 benches
- 2007 Benjamin Davis Park 1320 ft walking path with City of Lansing
- 2010 Meridian 6 bike loops
- 2011 City of Lansing 16 bike loops

Encouragement:

- Community Partners in Health Walking in Our communities.
- Supported Smart Commute efforts
- Safe Routes To School Initiatives

To Join the Land Use and Health Resource Team, please contact:

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Healthy Eating Milestones

Policy Changes:

- Initiating the Food System Workgroup
- 2011: City of Lansing Master Plan incorporated Food access issues as part of green infrastructure planning

Environmental Changes: 2006-11

- Start up funds for The Southside and the Northwest Farmers Markets
- Seed funds for initiating:16 community and school based gardens in Lansing, including donation gardens, 825 lbs of produce was harvested and donated this year to local soup kitchens in South Lansing.
- Quality Dairy decided to sustain a Northwest Initiative for adding more healthy produce to 9 of their locations in Ingham County.

Education and Encouragement 2006-11 with each policy or environment change activity, including:

- Food Tasting and sampling events
- Nutrition education for youth and adults

2012 projects

Physical Activity:

- Bike Loops along the River Trail with City of Lansing
- Complete Streets ordinances with City of Leslie, Delhi and Meridian Charter Townships

Tobacco-Free Park New!!

- Work with 27 park managers serving 203 parks in Ingham County to offer tobacco-free policy assistance and up to 70 tobacco free signs to parks that would adopt tobacco free park policy in FY12.

Healthy Eating:

- Gene's Quick Shop on 3127 Turner Street in Lansing MI 48906 healthy corner store initiative with One Love Global youth
- Add a community garden in Potter-Walsh Food desert high priority neighborhood.