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Helping Babies Get the Best Start in Life CPH Wins Breastfeeding Friendly Employer Award

Columbus Public Health recently received a 2011 Healthy Ohio Breastfeeding Friendly Employer Award from the Ohio Department of Health. CPH was one of 18 organizations from around the state to receive the new annual award.

Of Columbus Public Health's employees, 31 percent are women in their childbearing years. CPH received the Bronze Award for providing employees and clients a clean and private space in which to pump.

Breastfeeding reduces a child's risk for many health problems, including diabetes, asthma, childhood cancer and obesity. According to the Centers for Disease Control and Prevention (CDC), low breastfeeding rates add \$2.2 billion a year to medical costs because formula-fed babies generally require more doctors' visits, hospitalizations and prescriptions.

Additionally, a 2010 study published in the journal Pediatrics estimated that the nation would save \$13 billion per year in health care and other costs if 90% of U.S. babies were exclusively breastfed for six months.

ODH – with assistance from the Ohio Lactation Consultant Association and other state breastfeeding advocates – developed the Healthy Ohio Breastfeeding Friendly Employer Awards to acknowledge organizations which establish and maintain comprehensive, high-quality breastfeeding support programs for employees.

[See who else won a 2011 Healthy Ohio Breastfeeding Friendly Employer Award.](#)

Breastfeeding Help and Information

[Women, Infants & Children \(WIC\) Nutrition Program](#)

[Breastfeeding Help List](#)

[La Leche League of Ohio](#)



News Releases

[African American Women Leaders Get Flu Shots -- 10.8.2011](#)

Links Columbus Chapter members roll up their sleeves to stress the importance of flu vaccine for minority communities.

[Walk to School Day -- 10.5.2011](#)

Health Commissioner and Community Leaders join students as they walk to school

[Food Safety Hearing Set -- 10.5.2011](#)

A food safety hearing has been scheduled by Columbus Public Health's Hearing Officer

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Public Health Announcements

[Prevent Getting and Spreading the Flu](#)

CPH will begin giving flu vaccine beginning October 3

 **Event Benefits Safe Kids -- 11.1.2011**

Worldwide as a speaker and an author for her work in the interior design field.

 **If Disaster Strikes ... Are You Ready?**

Get Ready Day is September 20, 2011

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